



Smoke Signals

East Tamar Newsletter

We're on the web

<http://www.winderdoon.com/community/smokesignals.htm>

Bonfire Night A Cracker !

Bonfire Night on 24th May was held in the Paddock behind the Windermere Cafe.

This was indeed a superb night.. the weather was perfect and the crackers and sky rockets were fantastic..

Thanks to Mark Chalice for his excellent pyrotechnic skills , helped by, Liam, Adam and the Broady boys , Calvin and Braydon..

Thanks also to Sue and the cafe staff for their contribution for a good , safe and fun night.

The numbers were close to 90 adults and approximately 35 children, again a good local gathering.

The local Dilston /Windermere fire brigade was also in attendance and thanks to them for the support..

We look forward to the same again next year.. **Tim Anderson.**



Children and adults enjoy the spectacle of Bonfire Night at The Windermere Corner Café.



Issue 191

June 2014

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Windermere Corner Café

6328 1335

Mon-Thurs 7:30—5:30pm

Fri—TGIF as usual

A range of Tasmanian wines, beers
& spirits are available

Kitchen closes 7:30pm

Sat-8:00—4:30pm

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Licensed to sell Tasmanian produced and
owned alcohol.

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Gardening Club News.....by Ros Ryan

What a beautiful time of year with all the colours in our deciduous trees, it is messy but gorgeous.

All the spring bulbs need to be planted now ready for their beautiful display in early spring.

It's a quiet time for our Garden Club, no meetings now until September.

Hope you all stay well and keep up the good work in your gardens until we catch up again.

Please come along and join our club. We will make you very welcome.

Cool Climate Garden Notes



Vegie Patch

It's a quiet time in the vegie patch. The winter brassicas should be developing, with cabbage, cauliflower and broccoli ready to pick. Keep harvesting the sprouting broccoli and it will reward you with florets into spring and beyond. Never allow it to flower



or it will be spent in no time. Now is the time to plan next summer's crop, so relax by the fire, immerse yourself in some catalogues and order your seed for sowing in July/August.

Fruit Trees



Now that it really is winter, it's time to have a very close look at your fruit trees. Deciduous trees are now easy to examine. Remove any dead or diseased wood or branches that are growing towards the inside of your trees. Remove any rough bark with a stiff brush to flake away a haven for codling moth — get rid of it now!

Compost



The last of the autumn leaves should be falling, so get out there and rake them up! They are the ideal soil/compost improvers. If you are fortunate enough to live near any old oak trees as garden, park or street trees, get out there and gather the leaves — they make the best of leaf composts. Simply make a cylinder of chicken wire secured with a couple of stakes and then fill it with the leaves, adding a few handfuls of lime as you go. In spring it will have formed crumbly compost ready to dig into the soil.

WANTED

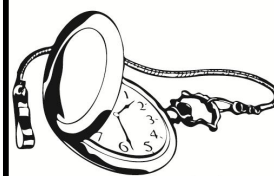
Seeking experienced, motivated, and thorough cleaner for private home (Swan Bay) - approximately 3-4 hours weekly.

Please email response together with experience and a referee to

heididreiling@bigpond.com

Windermere Watches

Service and Repairs to all Wristwatches and Pocket Watches bought and sold



Jeff Wynne
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or 6328 1544

www.windmerewatches.com.au

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\$10

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Friday & Saturday nights— full counter meals 6pm to 8pm

DILSTON WALKING TRACK

Report on Meeting at Dilston Hall Monday 5th. May 2014. of local residents for the creation of a walking / bicycle path at Dilston.

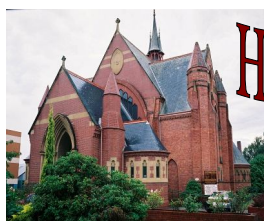
There were some 50 people attended with a further 60 signed support forms handed to Nigel Coates (Launceston City Council) and Janice Miller (DIER Hobart) who were unable to attend because of other commitments but who were in support of the application with 2 people objecting, suggesting it was a waste of govt. monies.

After much discussion it was agreed to utilise the existing funds under the vulnerable road users program to press forward with a pedestrian / bike shared pathway — for 1.6kms from Peddie Drive to Nelsons Creek, with a strong possibility to continue to and around the corner of Dilston Road.

Council are working on the appropriate design which should be circulated within two — three months.

John Bailly.

ST MATTHIAS WINDERMERE



HOLY TRINITY LAUNCESTON

BEFORE

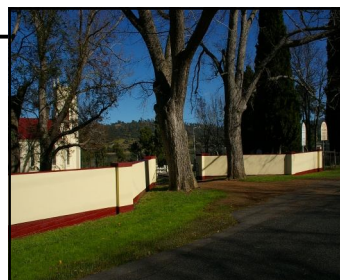


Take a walk and a look inside the grounds of St Matthias now. You will be pleasantly surprised. The views across the river and especially to the Rosevears' Pub are excellent. As is, I am told, the view of St Matthias from the Pub is excellent as well, which has resulted in visitors at the Pub also visiting St Matthias. The Riverbank has improved almost 100%, which should make

BBQs, picnics and community meetings a MUST over the Spring and Summer months. As you will see, the last two Working Bees at St Matthias have been very productive even though only a small number of people pitched in to give a hand.

- The Columbarium Wall is finished—looks spectacular and improves the presentation of St Matthias itself as well as the graveyard.

AFTER



- The Riverbank is planted with native plants and the woodchips have been spread on the bank (but we need more woodchips). One can even walk down the 'Heritage Path' - this path was travelled long ago by people that lived along the river to get to the church and jetty.

If you look at how much people from the church and community have accomplished over the last 12 months you would be amazed, I think. **Let's take a look !!**

1. *Very successful celebration of 170th Anniversary of St Matthias Church*
2. *Wing Grave has been restored*
3. *Front door locks - original lock restored and new dead bolt fitted after vandalism*
4. *Columbarium wall cleaned, rendered and painted*
5. *Riverbank restoration including slashing, stump removal and planting + more to do in future*



Priorities for coming year and approx cost

1. *External Security lighting* \$1,500
2. *Stabilisation of Roof* \$14,000
3. *Urgent restoration of 2 windows after stabilisation of roof* \$6,000 ea



Should anyone in the community desire to support our further work, please be advised that all donations through the National Trust of Australia (Tasmania) are tax deductible. You can contact Sue Speed on 6328 1209 and the forms will be sent to you. Please be assured that your request will be dealt with in the strictest of confidence.

ST MATTHIAS' SERVICES

Sunday 8th June

10:30 am Eucharist Service

Sunday 22nd June

10:30 am Eucharist Service

Sunday 13th July

10:30 am Eucharist Service

Sunday 27 July

We encourage the community to enjoy the church grounds.

HOLY TRINITY SERVICES

Each Sunday:

8:30 am Eucharist Service

10:30 am Sung Eucharist

5:30 pm Choral Evensong (1st Sunday)

Growing in Faith Together (2nd Sunday)

Taize Service (3rd Sunday)

Prayer at the end of the day (4th Sunday)

No Service (5th Sunday)

For information on Weekly Eucharists

*Go to Holy Trinity's website
holytrinitylaunceston.org*

Community News

Smokesignals Community Service Grants

Smokesignals Community Grants have awarded for two projects of ongoing Community significance for the first round.

St Matthias Anglican Church will be given a grant of \$ 577 to cover materials for the rendering and painting of the Columbarium Wall.

The Committee felt that this project Would potentially benefit past and present residents as a memorial to their family members who have died. The Church is grateful to Joe Menin who carried out the work on the wall and has donated his labour and skills to the completion of the project.

A grant of \$1,000 towards the cost of a vacuum system for the Men's Shed ,when it is established in the near future ,will be held in trust until this project is activated.

Applications from Community organisations for a further round of Grants will be received until the end of November 2014.



Joe Mennen works on the rendering of the Columbarium Wall at St Matthias' Church in Windermere Road.

Your Health



WHAT CAUSES GOUT ?

Gout causes severe attacks of joint pain and inflammation (redness and swelling).

Gout occurs when the amount of a chemical called uric acid (urate) becomes too high in the blood and forms tiny grit like crystals in the affected joint (s).

In **some** people the build up of uric acid may be due to:

Drinking too much alcohol

Not enough vitamin C

Sugar sweetened drinks (not 'diet' drinks). Even two of these drinks per day can increase the risk of developing gout by 85%

Certain foods – sardines, yeast extracts, mussels

Some medications – e.g. diuretics (tablets to lose water or fluid) and aspirin

More uric acid is made in times of illness when the body cells turnover more rapidly – e.g. psoriasis or blood disorders.

In the **majority** of those affected by gout the fine balance between the amount of uric acid (urate) that the body makes and the amount passed out in the urine and faeces is upset. In these people the kidneys do not pass out enough uric acid and the blood level rises to result in an attack of gout.

These people are said to be 'under-excretors' of uric acid – their kidneys are normal otherwise.

Unfortunately their attacks of gout may not necessarily be triggered by alcohol, food or medications. They may have inherited this trait to be an 'under-excretor' and so can only blame their genetics!

Dr Heidi Dreiling

7/7 High St (Old QV Building)

63345511

New patients accepted

Newsletter printed by courtesy of

Your local **Michael Ferguson MP** *Liberal member—standing up for Bass*

Web: www.michaelferguson.com

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Supporting Northern Tasmania

Authorised by M. Ferguson, 53 St John Street, Launceston 7250



Tasmania Fire Service

DILSTON FIRE BRIGADE

Brigade Contacts

Paul Blakie	0417 592 424
Neville Jolly	0417 540 230
Jason Hingston	0407 392 457
Raoul Stow	0417 351 423

The new station...

....is still in the final stages of being fitted out for us to move into. We are eagerly awaiting the still to be decided move in date at which stage we can start the process of moving our extensive range of equipment from the old station to the new.

Plans for the old station are still being finalised but we are confident it will remain a valuable asset to the community.

Some pictures of the exterior can be seen here on this page, however the interior will remain a closely guarded secret until the keys are handed over! We plan to beautify the grounds with some landscaping and additional paving for an outside BBQ area. Anybody that would like to see the station once open can feel free to contact one of the officers listed above.



Fireworks Night.

The brigade was happy to have been part of this community event and to have met some new faces, hopefully adding encouragement for some to consider bolstering our ranks! From all concerned the night went off quite well and a good time was had by all.



www.facebook.com/DilstonFireBrigade



Home Fire Safety : ARE YOU AWARE OF THE RISKS?



Imagry curtosy of the Country Fire Authority : Victoria



ABC Catalyst, Tuesday 3rd June, 2014

As this edition of smoke signals goes to print, the ABC Catalyst program is running a special on the increasing incidence of large and highly destructive wild fires around the planet. As we live in one of the most highly prone areas for wild fire, this program is sure to a worthwhile viewing so if you miss it, make sure you check it out on ABC iView.

<http://iview.abc.net.au/>

The Hillwood Ladies club

Meets every Wednesday morning from 10.00am to 12.00pm.

For social interaction, some bring knitting, sewing etc., sharing interesting ideas, and bringing some laughter into the mix.

We play bingo the second Wednesday of every month; not for money but a small gift that everyone brings.

We also give to charities and this year we helped Muriel raise \$1155.40 for the Leukaemia foundation.

She shave her hair recently during one of our mornings.



Here is a before and after photo.

ANZAC DAY at Hillwood

Major David Menzie addressed a gathering of about 100 people who attended the Dawn service at the Hillwood War Memorial on Anzac Day.

In the early dawn light, he delivered a comprehensive summary of conflict outside Australia at which Australian service personnel had served since 1900, and emphasised the sacrifices made that enable us today to enjoy the lifestyle of freedom we enjoy.

Major Menzie served in Borneo during the 1964 Borneo Campaign which involved both Australian and New Zealand service personnel.

The President of the Hillwood Sub Branch of the RSL invited those attending the service to join over breakfast at the Community Centre.

A sumptuous breakfast of eggs,bacon,

and tomatoes was prepared and served by an enthusiastic group of local residents.

A raffle on the day with multiple prizes of local wine and produce was well supported by businesses and those in attendance.

Contributions to this page in **Smokesignals** are welcome from Hillwood residents and organisations.



Above: Major David Menzie (Right) and his son Stuart at the breakfast held at the Community Centre.

Below: L to R Lexie Montgomery, Lyn Glover, Penny Allen and Robin Claxton clean up after a successful breakfast for 80 people.



Birds of The Tamar Laughing Kookaburra

Jon Hosford

Many people don't realise that the joker of the Tasmanian bush was actually introduced to Tasmania in 1905 from mainland Australia.

They are now largely confined to the north and east of the State.

They are the largest member of the Kingfisher family and habituate in territorial family groups usually comprising a dominant male and female supported by 'subordinate' helpers from past nestings.

Kookaburras perch watchfully, making long sloping glides onto unsuspecting insects,

reptiles, mammals and crustaceans. I have even seen them take frogs, especially the threatened Green and Gold frog which is threatened in Tasmania.

They will occasionally plunge into shallow water when hunting commonly when bathing. They have a very direct flight pattern with a deep stiff wingbeat. Their raucous communal calls are recognised by everyone.

Nesting season is September to January, nesting in tree hollows well above the ground and laying 2-3 eggs.



Recipe for Rhubarb cake

This cake needs no icing and is a very acceptable way to use rhubarb. Even children who intensely dislike rhubarb served any other way are generally partial to this cake.

You need:

The usual suspects: butter, sugar, flour, egg and milk, etc.

For the cake mixture:

- 125g butter
- 1½ cups castor sugar
- 1 egg (59g size)
- 1 teaspoon of vanilla essence
- 1 cup plain flour
- 1 cup self-raising flour
- 1 cup milk
- 1 tablespoon lemon juice
- 2 cups chopped rhubarb
- 1 tablespoon flour extra

Method:

Cream the butter and the sugar, then add the egg and whisk until well - combined. Fold in 1 cup of plain flour, 1 cup of self-raising flour, and the vanilla,



milk and lemon juice.

Mix together the rhubarb with the extra 1 tablespoon of flour, then fold this into the above cake mixture. Pour into a 20cm round cake tin that has been greased and the base lined with baking paper.

For the topping: rub together the brown sugar, cinnamon and butter. This is not quite the consistency of the 'normal' crumble topping - it is much moister. Distribute this evenly over the top of the cake mixture. No need to be too fussy about this.

Bake at 160°C for about 45 minutes. Leave in the tin for 10 minutes before turning out.

Note: This cake can be converted to a slice very successfully by simply using a 28cm x 18cm (11in x 7in) slice pan.

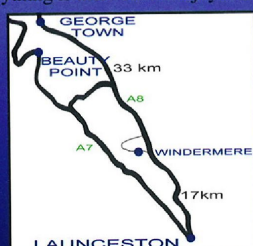


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Windermere, Tasmania 7252

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Judy Pike 0417311728

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Pat Hollier 63281348

Peter Gutteridge

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requesting a subscription.



Smokesignals
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Copy For NEXT ISSUE

Due

Friday August 1st

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Email address:
smokesignals@bigpond.com

Or mail to:

454 Windermere Rd. Windermere 7252

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Advertisements must be accompanied by full name, address and should state the number of editions that it is to appear in.

Leave advertising copy at the Windermere Store or email to:

smokesignals@bigpond.com

Smokesignals on the web

Subscriptions to Smokesignals

Smokesignals is currently published bi-monthly as a newsletter for the East Tamar Community of Dilston, Windermere, Swan Bay and Hillwood.

We are encouraging readers to subscribe to Smokesignals for a digital copy delivered by email.

Please send an email to:

Smokesignals@bigpond.com

With the subject line

Subscribe to Smokesignals.

This will contribute to savings on printing costs.

Community Contacts - **FIRE:000**

Dilston Hall:	6328 1348
St. Matthias Church:	6328 1209
Playgroup:	0407 993 616
Garden Club:	63281566
Book Discussion Group:	6328 1231
Bird Watching:	6328 1163
Native Animal Rescue	
<i>Lorraine De Weys</i>	63263502
Men's Shed	6328 1544
FIRE BRIGADE OFFICERS	
Paul Blakie	Mob 0417592424
Neville Jolly	Mob 0417 540230
David Lake	Mob 0438 075 534
Jason Hingston	Mob 0407392457
Raoul Stowe	Mob 0417351423

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Sharon Fahey is a true professional who pays particular attention to the smallest of details and goes out of her way to give superior service to her vendors. This integrity guarantees continual repeat business from many valued clients who return again and again, as well as recommending their friends to her.

Sharon has been in the real estate industry since 2003, for which most of this time, has been honoured to be a part of a professional company such as Towns Shearing. This has rewarded Sharon with becoming an Associate within the company.

It is her aptitude for negotiation, attention to detail and her ability to provide the right advice in whatever situation, that is the testament to her success. Sharon has demonstrated her commitment and dedication to her clientele, and for this has been awarded the Top Seller Gold Sales Award, and Top Listing Achievement Award now two years in a row.

A unique blend of professionalism, personality and drive has been the key factor that allows Sharon to say she certainly has the runs on the board when it comes to her performance as a top consultant at Towns Shearing.

If you are looking to sell your home or would just like a friendly chat about the current market, please do not hesitate to call....

Sharon Fahey 0409 188 249



sharonf@tsre.com.au
towns shearing real estate
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