



Smoke Signals

Your Free Community Newsletter

Issue 246

www.smokesignalscn.wordpress.com

August 2023

COMMUNITY HELP NEEDED



TEER Fluker Post at the Tailrace boardwalk

The health of the kanamaluka / Tamar estuary is a major concern for all East Tamar residents. As a riverfront community, we are all too conscious of the changes we have watched over the last 20 years.

In May this year, the Tamar Estuary and Esk Rivers (TEER) Program launched the Biological Monitoring Program for the estuary. This pilot program will build on the long-term water quality data collected by the TEER Program and provide a more accurate picture of both the biological and ecological health of the kanamaluka / Tamar estuary.

Assessing the condition of tidal wetlands along the estuary is one component of the Biological Monitoring Program, and community members are being encouraged to take part in the data collection. Four Fluker Posts have been installed at tidal wetland habitats, and people are encouraged to contribute photos from the same location over time.

TEER Program Manager, Darren McPhee, explained that understanding how the ecosystem is changing is essential to its effective management, and for tidal wetlands general changes can be captured through repeat photography.

How can you contribute?

The four Fluker Posts have been installed at the Tailrace boardwalk, Windsor Precinct freshwater wetland, Tamar Island Wetlands Reserve, and George Town kanamaluka trail, and are accompanied by educational signage about each wetland type.

If you would like to contribute to the data collected, download the Fluker Post app on your device, take a photo to upload at any of the Fluker Post locations and submit your image.

The Fluker Posts capture visual data on the three wetland types present along the 70 km length of the estuary. These include freshwater wetlands such as those found at the Tamar Island Wetlands, Melaleuca swamp forests which can be found in fragmented patches along the estuary including at the Tailrace, and saltmarsh wetlands which includes patches at Swan Point and George Town.

The TEER Program will also be collecting data on seagrass meadow condition in the lower kanamaluka / Tamar estuary, which plays an important role in the ecology and health of the estuarine system, and collating and analysing population trend data for birds and the invasive fish species *Gambusia holbrooki*.

Through assessing these indicators of biological health, and tracking changes through time, the TEER Program aims to enhance the collective understanding of current waterway health and the pressures acting upon it, and ultimately provide evidence-based information that can be used to inform management decisions.

Further information about the TEER program, its projects, and information about the natural values of the kanamaluka / Tamar estuary, visit www.teer.org.au



Saltmarsh on the Tamar

PLAY GROUP

BRING BACK PLAYGROUP

Codie Baylis, the Northern Co-ordinator for PlaygroupTas, is looking to bring back Dilston Playgroup. This playgroup brought many local families together and at Smoke Signals we miss the wonderful pics of our local kids having a great time. In many situations especially as a parent it takes many hands to carry the responsibility so the ultimate goal is to get a team of eager people to bring this back, and Codie is there to support!!

If you'd like to be involved, please email codie.baylis@playgrouptas.org.au and perhaps we can get our local playgroup back.

GET SMOKE SIGNALS ON LINE

For all sorts of good environmental reasons we are trying to reduce the print run of Smoke Signals. It is printed through the generous support of Michael Ferguson MP, but at 16 pages full colour, costs are creeping up.

HOW YOU CAN HELP

We are encouraging our readers to move to the ON LINE VERSION, by emailing smokesignals@bigpond.com with SUBSCRIBE in the subject line, but at the moment, on line subscribers also receive the printed version in their letterbox.

OPT OUT OF THE PRINT VERSION.

When you are receiving the on line version, you can help us reduce our print run by providing us with your postal address and we'll ask our deliverers to miss your letterbox. Our print run is currently 900 and we're keen to reduce it if we can.



On the 1st September the Post Box located at the Windermere Shop is being moved 250 m on to John Lees drive with improved parking and access.



SAVE THE DATE

Made with Love Christmas Market
Saturday November 18th 9am-1pm
Dilston Memorial Hall - John Lees Drive Dilston

Join the East Tamar Men's Shed, Windermere Church Forever and local makers and creators for a community Christmas market and time of connection.

- Raffle
- BBQ
- Men's Shed Sales
 - Cakes
- Devonshire Tea
 - Plants
 - Flowers
- Local Artists and creators of crafts
 - Goodies for Christmas gifts
 - and loads of community cheer!



Super Sunday

Cribbage Tournament

North Launceston Bowls and Community Club

\$2000 prize money

* terms and conditions apply



17th September 2023

- Doors and Bar open from 11am
- BBQ from 11.30am
- "Shuffle up and deal" 12.30pm (tournament start)
- Hot food available throughout the day

\$60 buy in - seats available for purchase over the bar OR can be won via the Thursday weekly tournaments. **LIMITED SEATS AVAILABLE.**
Avoid disappointment and **secure your seat early!!!!**

Non card players are welcome to come and enjoy the day.



Any enquiries call Michael 0499 577 048

*terms and conditions, \$2000 prize money based on 36 seats sold. If less than 36 entries ALL entry fees will pool to form prize money.
+ Tickets are transferable but non refundable.

CHURCH NEWS St Matthias' Anglican Church

Save The Date and book your tickets soon.

Nov. 25/26th St Matthias' 180th year anniversary.

A weekend to celebrate 180 years of worship, and connection for community and extended families of the church.

Sat. Nov 25th. 12-3pm Luncheon at Geneva Restaurant Waldhorn Drive Grindelwald. \$40pp 2 course Roast buffet (beef), with many other options, plus desserts. 100 max. Silent Auction and display of historic memorabilia. Bookings close Nov. 10th: see below

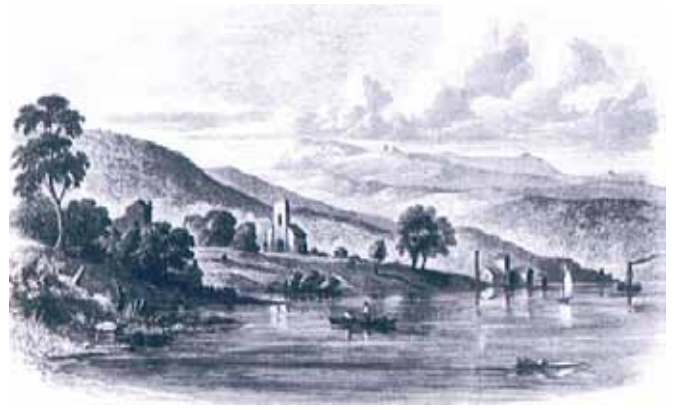
Sun. Nov 26th 10am. Commemorative service at St Matthias' Church 431 Windermere Rd. Windermere.

Sun. Nov 26th 6:30-9pm Concert at church 80 max. \$25 pp (bookings see below)

Joanne Michelson (Harp) and Hamish Pike (violin)
<https://www.tasmanianharpandviolinduo.com/duo>

Interval: bubbly and nibbles (20 mins) Marcus Sturrock (acoustic guitar) <https://m.youtube.com/watch?v=3NoSRQxk6Qs>

To Book and purchase all tickets, email (or FB Messenger) for account details or leave money/details in envelope at church. hosfordm@bigpond.net.au For East Tamar locals, you can ring June Bunn 0411567029. Profits to ongoing maintenance of church, extension of Columbarium wall, and concreting of ramp entry to church. Please share this widely amongst family and friends of the church, and book your tickets early.



On Sun. July 23rd Rev Ken Box incorporated a commissioning service at St Matthias' for Patrick Parkinson who has been appointed to the Board of Launceston Church Grammar School and Martha Parkinson who has been appointed as a Youth Pastor at Grammar School Junior Campus. We wish them God's guiding hand in their work.

Continued Page 4

Check out our daffodils which proudly bloom every year around August 7th, an annual reminder of the day in 2018 by which we had raised the \$45,000 for Redress of historical sexual abuse, and thus saved our church from sale.

The Parish AGM will be held at Holy Trinity Church Aug. 27th, following the 10:30 service.



What does The Church say about an Indigenous Voice to Parliament?

Some links for you to follow up.

<https://vcc.org.au/faith-leaders-statement-from-the-heart/>

“Faith leaders from across Australia came together in 2022 to endorse the Uluru Statement from the Heart. The Catholic, Uniting and Anglican churches, the Australia National Council of Imams and the Executive Council of Australian Jewry together with Australian Sikhs, Buddhists, Hindus and the National Council of Churches gathered in Sydney to endorse the Statement from the Heart. The Joint Resolution marks a decisive moment of community consensus across lines of faith, tradition and belief...

As leaders representing diverse religious communities, we declare our support of the Uluru Statement and its call for a First Nations Voice guaranteed by the Constitution.”

Also: <https://religionsforpeaceaustralia.org.au/?p=16498>

<https://anglicanfocus.org.au/2023/02/13/national>-anglican-aboriginal-bishop-writes-about-the-voice-referendum/

There is a Resource Table at Holy Trinity Church with resources for both Yes and No viewpoints.

Our History

DILSTON WINDERMERE VOLUNTEER FIRE BRIGADE.

History from an individual perspective...

By Mike Adams - Continued

So fundraising continued. A very second-hand Toyota Land Cruiser was bought and, with the considerable assistance of the Fire Service, was renovated. We then equipped it to our specifications. It was designed to follow the ‘Five F’s: to have Female Friendly Fire Fighting Features.’ These were largely implemented by the expertise of Ernie Steiner. Dorothy Wise was conscripted to christen it. A home for it was found in a shed at Windermere Farm, handily situated for fires lit by cold anglers on the jetty and for any threat to the Church. To speed up response times, fireboxes were established in homes around the area containing stand pipe, hoses and nozzle.



Midnight Refuelling

We enthused about the combination of Inter and Toyota in tackling bushfires: rarely our own fires, but increasingly were called out to back up other brigades. This pattern continues to the present day.

During his time, training for women grew in popularity: with most male brigade members at work during the day the need was obvious. Training became more structured with Basic Fire Fighting Certificates being awarded and courses held on more specialised matters such as Breathing Apparatus. Other brigades took advantage.

The Brigade decided to thank the community by holding annual Bonfire and Fireworks evenings. After a false start when a wet Empire Day was chosen, Guy Fawkes supplanted it. Children's games and races, a treasure hunt, a guitar recital by Denzil Williams, a BBQ and roasting potatoes in the bonfire's ashes were popular. Fireworks were the usual high point.

With the assistance of the Fire Services and led by Deputy Captain Bob Mallette we bought and built up a second Toyota, again to Ernie Steiner's specifications, and housed it in a purpose built shed at the Captain's home in Swan Bay. In that way, all three areas of our Brigade's responsibility were now covered by vehicles as well as fireboxes.

The Mornington Alarm System was introduced whereby a local number replaced the 000. This call automatically linked Brigade members in a conference line able to discuss what and where and who were needed.

Regular training in the early summer left the Fire Shed and toured our district. The Inter's loud hailer would alert residents at 6 pm and training would take place at 7 pm around a local fire hydrant.

In 1995, with my sixtieth birthday passed, I followed Fire Service doctrine and retired as Captain/Brigade Chief,

though maintaining my position as Group Officer of five local brigades which I held for the next four years.

I was replaced as Brigade Chief by Bob Mallette, who was later replaced by Bob Montague, who ushered in a new chapter.

Bob and his wife Rosalie, myself and my wife Patricia were honoured with Life Membership of the Brigade in 2018 by the current Brigade Chief, Raoul Stow.

Since then...

Tas Fire Service is very cost conscious: that was the major reason for our community's continuous fund raising. We were not alone. At the time, Gravelly Beach Brigade also built up their own Toyota.

Consequently, some of our bright ideas were pruned back. Firstly, the Mornington Alarm system was only used by two local Brigades and was deemed a cost burden.

Next to go were the fire boxes. As they were equipped with stand pipes, hoses and nozzles and were rarely used – we have a caring and responsible community and only two house fires in over twenty years – it was thought that the canvas hoses were just sitting there and decaying – they were removed.

After that, it was thought our establishment should be just one large tanker and one Toyota so one of our Toyotas was loaned to the Prospect Brigade. It's still there.

Lastly, (so far) our Swan Bay Fire Shed was uplifted, despite protests, and removed to Relbia.

However, the Fire Service has built a new Fire Station near the Windermere turnoff and regularly replaces the large tanker.

The old Dilston Fire Shed is now the east Tamar Men's Shed.



Early Volunteers and Friends

GARDEN CLUB NEWS

Apricus in Norwood was the venue for our July Midwinter Celebration. For those who have not visited this popular café – it is a delightful space overlooking Old Mac's Farm where a variety of storybook farm animals reside. The space inside and the outlook are delightful and we all agreed it was a very pleasant place to celebrate the cosiness of winter on a rather gloomy winter day!



Garden Club welcomed two new members this month. Our next gatherings will be in **August - "Daffodils, Jonquils and Lots More..."** in Swan Bay, and in **September – "Lunch in a Magical Windermere Waterfront Garden."**

If you would like to participate in Garden Club activities, please contact me. New members are always very welcome.

Kerridwen51@gmail.com

Telephone: 0407 447 344

BEES IN THE GARDEN



CHECK YOUR GARDEN. THE BEES ARE BUZZING ALREADY.

For weeks now I've been surprised and delighted to see that the bees are active in my winter garden, mostly favouring my natives, like Bottlebrush, and my huge Viburnum shrubs, but is it good news? According to the experts, here in Tasmania we can expect this year's Spring season to start three weeks earlier than usual. This has been happening in other parts of the world too.

OUT OF SYNC - UK REPORT

"The problem is that climate change may increase the chance of plants and pollinators becoming out of sync, with plants flowering too early in the year for the insects that pollinate them. In evolutionary biology, this is known as a "temporal mismatch".

If earlier flowering reduces pollination, that would in turn reduce reproductive success and crop yields. Pollinators themselves could also be at risk, since earlier flowering could lead to gaps in resources like pollen and nectar leaving bees to go hungry.

One 2020 study by US scientists found that bee activity was less sensitive to warming than it was flowering time, which more closely tracked changes in the climate. This backs up other previous findings, such as research in mountainous parts of northern Japan which found that *Corydalis ambigua*, a plant in the poppy family, was flowering earlier in the year due to earlier snow melt, but that their pollinator bumble bees had not made a similar adjustment. This meant less pollination occurred and the plant produced fewer seeds."

PLANT EARLY AND HOLD THE SPRAY

With recent events in the world, the wildfires in Europe and North America, and the war in Ukraine, it's reasonable to expect that bee populations have been decimated, and without their pollination, food crops may be greatly reduced. It's not difficult to imagine that food shortages will occur, and that food prices will rise.

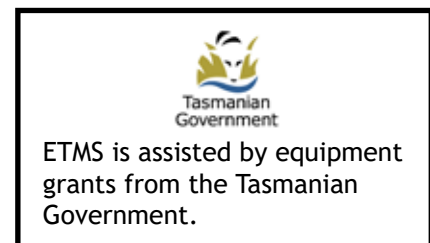
For many in our community, we are lucky that we can grow a lot of our own herbs, fruit, and vegetables, and it looks like we can make an early start. And remember, the most bee-friendly thing you can do is to think before you spray and follow these guidelines: insecticides sprayed onto open flowers can be highly toxic to bees, even if they are sprayed early in the morning or at night when bees are not present. However, some may not realise insecticides sprayed in the two-week period before a tree flowers, can also be toxic to bees.

Wind drift is another factor to consider. Even insecticides such as Pyrethrum can pose problems under certain conditions.

Despite the weather the East Tamar Mens Shed continues to be a hive of activity on Mondays, Wednesdays, and Saturdays. Some very large projects are nearing completion so our main workers can ease back and maybe do some of their own projects. The planter boxes pictured below are in position in the community centre at the Reed Estate Retirement Village and are a tribute to the hard work and skill of two of our regular members, John Moody and Jeff Wynne (with a little help from other members, as well from time to time).



John hard at work



There has also been a steady stream of smaller requests from locals in the community, such as fixing old chairs, making tables and requests for members to use some of the woodworking machines for people building their own items at home.

Recently 4 new members have joined the Shed. We have a very good cross section of members now, from the local area, and also from Launceston and Georgetown with a good variety of skills men bring from their previous or current work. We also have men who just come for the social interaction and a chat which is an important part of the Mens Shed philosophy, to provide social connections if men are feeling isolated and a little lost in the community, young and "old".

BIRDS OF THE TAMAR

Masked Lapwing



A bird we all know well in our local gardens is the Masked Lapwing. It is very common in Tasmania for one main reason. The threat of ground predators is lower here than elsewhere.

In mainland Australia, these birds are confined to successful nesting where foxes are few, due to vigilant human presence. These birds are ground nesters and rely on their aggressive defence of nesting territory to survive. In Tasmania, we do not have foxes at present.

If you have these birds in your backyard, please work around them and don't be overly threatened by their noisy defence of territory. They will recognize you as not too threatening if you are consistently patient with their enthusiastic defence of nesting territory....and by the way they will always defy your attempts to predict exactly where they will choose to nest.

They will be establishing territory right now in late July. Please help to give them a few weeks of peace. The eggs

are incubated in 21 days of patient sitting by mother and vigilant defence by father.

A mild winter seems to encourage them to nest early and to risk mortality of chicks through unduly severe cold. You can help by keeping away from their chosen nest with the lawn mower and having the joy of watching what happens.

The chicks desert the nest within hours of hatching. Whilst they will return to this area, they are largely brooded by mother and father, underwing.

I have never observed these birds feeding young. If you observe differently, please let me know. They are truly independent chicks, their parents having the sole responsibility of protecting their learning in life.

Enjoy the wonder of nature on your backdoor through this bird.

There will be a pair on every suitable piece of ground in the district.



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Chris Grant
0487 033 787
groundbreakingexcavations@outlook.com



Tasmania Fire Service

Dilston and Hillwood Fire Brigades



Register your burn offs and fires by calling freecall 1800 000 699

By letting us know, you will help to prevent false alarms!

Hillwood Fire Brigade 55th Anniversary Dinner

On the 15th July the Hillwood Fire Brigade celebrated the 55th anniversary of the founding of the Brigade. The Brigade has a proud history of volunteer service to the community and has attended many incidents in our local area, across the State and on the mainland. Members have responded to a variety jobs from the proverbial cat up a tree to car crashes to fires of all types and sizes. At the dinner members were presented with awards for service.

Leon (55 years), Iain (40 years), Sharon (20 years) and Ian and Robyn (15 years).

The Brigade looks forward to continuing to serve the community well into the future.

Summer Season Preparedness.

The wet winter and lack of significant fire seasons for the last couple of years has given indications that the forthcoming season is likely to be busier than usual. We can all make preparations by ensuring we have good access to your property, and where you can clear away ground litter, and ensure roof guttering is cleaned. It may seem early to be putting this message out given the recent wet weather, but there



are areas in the state that are already showing dryness levels significantly above what is normally expected!



Heat Packs

We have placed a small flyer over leaf to bring attention to the use of heat packs (sometimes known as heat wheat) during these colder months.

Incorrect heating of these packs

has led to them catching fire, and in an unfortunate small number of cases, the results have been fatal.

Please follow the manufacturer instructions, and never leave these packs unattended in the microwave whilst heating them up.



.../DilstonFireBrigade
.../TasmaniaFireService

Dilston Fire Brigade Contacts

Raoul Stow	0417 351 423
Paul Blakie	0417 592 424
Ben Jones	0417 877 001
Ken Nolan	0448 320 996

Hillwood Fire Brigade Contacts

Elaine Burns	0417 540 665
Sharon Clarke	0417 600 571
Leon Hodges	0409 169 288
Andy Kendall	0427 818 282



Home Fire Safety FACT SHEET



Heat packs

Wheat filled heat packs can help with pain, but they also have the potential to cause burns and catch fire. Ensure the wheat pack you purchase comes with instructions and follow them carefully.

Tasmania Fire Service Firefighters have responded to numerous house fires that have occurred due to wheat bags overheating in microwave ovens or wheat bags being used to warm bedding materials.

What you need to know

- Ensure the wheat bag you purchase comes with instructions and follow them carefully, especially when heating. Ensure the timer on the microwave oven is correctly set when heating your wheat bag. Accidentally setting 30 minutes instead of 3 minutes is easy to do and has caused fatal fires.
- Only use wheat bags for body aches and pains. Wheat bags can ignite, and are not designed for warming beds.
- Regularly check your wheat bag for signs of wear and tear or scorching. With age the wheat dries out and can catch fire.
- If your wheat bag begins to smoulder or catches fire ring Triple Zero immediately.



Wheat filled heat packs (wheat bags or wheat packs) can help pain, but they also have the potential to cause burns and fire if improperly used. Do not apply directly to the skin – use a cover or a towel.

- Fragrant oils added to the wheat bag may increase the fire risk.
- Don't use the wheat bag to warm your bed up, as it may spontaneously ignite.
- Don't reheat the wheat bag before it has properly cooled.

Remember

- Don't overheat a wheat bag by placing in the microwave longer than specified by the manufacturer.
- Don't leave the wheat bag unsupervised in the microwave.
- Don't let anyone, particularly children or the elderly sleep with a wheat bag.

! A wheat bag should be cooled down on a non-combustible surface before storing.



HILLWOOD NEWS

Well, in our last Newsletter we were telling you of Nancy Donnelly's stroke. She received excellent treatment and was home in less than three weeks. However, following on from that, Jeff had a stroke. He is now home on a pureed diet but just to liven things up, he now has Covid! They have received a lot of help from family, in particular daughter Suzanne who moved in to help out. They will recover together.

They received special assistance when they ordered an Air Conditioner..... and received a very pleasant surprise when they asked for the bill and were told there wouldn't be one. Joel Champ and his off-sider and a whip-around at the Hillwood Football Club provided it at no cost. Thank you so much to all. It is so wonderful to sleep warm every night and wake up to a lovely warm house every day.

HAPPY NEWS:

NESBIT: To Jess and John on 10th July 2023 – a baby boy named Leo John. Welcome little Leo. Congratulations to Jess and John on our newest resident.

SAD NEWS:

MC GEE, Alwyn died on 3rd July. Alwyn lived at Mt Direction. Our sympathy to his wife Dianne. Father to Christian, Brendon, Angela, Melanie, Cassie & Patrick.

HOLLAND: Thongmee (Tong). Dearly loved wife of David and parent of Harry, Nicholas, Kylie and Steven. Our sympathy to them all and their families.

YOUNG ACHIEVERS:

Soccer's City United under 17 WOMEN'S team had a tight 1-0 victory in June. Co-coach Aimee Hawes of The Glen is proud of how the team has coped at State-wide level and stated "It's really exciting to be in a final. We are so proud of the girls for getting this far and it's an honour to be the team representing City as the club's only team in a state-wide final."

Her brother, James has been going well in his soccer also, scoring the winning goal for his team, Launceston City on his 21st birthday!

SHELBY MILLER: As Captain, Shelby is still an important player for the Cavalier's Netball team. Quote from "The Examiner" [In a frenetic opening, Cavs engine room Shelby Miller was at her energetic best to feed the ball forward] which led to a one-goal quarter-time lead. Unfortunately, however, they lost this year to Northern Hawks who had won all games but one during the year. Keep going Shelby!

HILLWOOD FOOTBALL CLUB:

All teams are performing well even the women who have unfortunately had some games forfeited by the teams playing our girls. It is possible they will all be in the Finals! Thursday nights at the Clubrooms are important. Players enjoying their Player's Tea alongside supporters and members of the community. Meals are served quickly – order and pay at the bar and collect from the canteen. Come early (from 5.30) and eat before the players. A choice every night between a special meal and, for the other, at the moment, chicken parma jarma. A lovely chance to enjoy a meal and a drink with friends and one night not having to cook! The special meals include spaghetti bol, souvlaki, lasagne, cottage pie etc, one per night

HILLWOOD GARDEN CLUB :

At the June meeting a new Committee was elected. President: Rose, Treasurer: Anne; Secretary: Sue. Geraldine held the position of Secretary for many years before retiring and a wonderful job she made of it too. At its July meeting the Hillwood Garden Club had a most informative talk on the collection and storing of seeds from local native trees and bushes including some threatened species. It was noted that, while a number should theoretically require heat to open and drop their seeds, they can be stored in paper bags to dry and then sown in regular seed raising mix to germinate, keeping the pots in a sunny spot (e.g. kitchen sink/somewhere warm).

Garden Club meets on the third Monday of the month at 7.30 p.m. in the Hillwood Memorial Hall. All welcome.

Sue Overton, Secretary. 63948127

BIRTHDAYS:

RON WHITTINGTON'S 90th. A lovely afternoon was spent celebrating Ron's 90th birthday in the Hillwood Football Club's clubrooms recently. Alongside family and friends, Ron was lucky enough to have his sister from England in attendance and she kept us all well entertained. Congratulations, Ron. A lovely afternoon. A popular long-time resident, Ron, involved in Hillwood activities.

JOHN HURST'S 90th and Judith's 80th. John's 90th was also celebrated in the Clubrooms with family and friends. John's wife Judith celebrated her 80th birthday soon after so it was a combined event. I was sorry I was not able to attend this enjoyable afternoon. John has been a well-respected long-time active member of Hillwood Football Club for many years and was also well involved with the Hillwood Mini-League. Judith was always there as well, among other roles and was always available for the canteen.

HILLWOOD LADIES GROUP:

HILLWOOD LADIES GROUP meets every Wednesday morning at 10.a.m. at the Hillwood Road Meditation Centre, 362 Hillwood Main Road. Meet your neighbours, enjoy a chat, go out for lunch now and again and do craft work if you wish. Bingo once a month. Cost \$4 and \$10 now and again for the raffle. We enjoy morning tea together.

THE HILLWOOD PROGRESS ASSOCIATION

(Provided by President, Robyn Wheeler)

Healthy Hillwood

Thank you to the George Town Council and Damon and Kylie of Sherriff's Health and Fitness for holding the Healthy Hillwood sessions in the last 9 months. We are currently having a winter break, hoping to start back up in October. For expressions of interest, please contact Robyn Wheeler on 0409 420 877 or email HillwoodPA@outlook.com

SCAMS - How to spot a scam :

A great turn out on a Friday morning to the SCAM awareness session held at the Hillwood Footy Club in June. The highlights for me, (or should I say low lights) were: Always ask yourself, could this be a scam?

- Secure websites will have a lock next to their address.
 - Real websites will start with https and not http (although some scam sites do use https)
 - Hover but don't click over the email address to see if the details match, or if they are coming from a third party.
 - If the price of something looks too good to be true, it probably isn't true.
 - Webpage copies can be very sophisticated, check reviews to make sure you have the genuine webpage.
- Be aware of what to look out for in suspicious emails. Typical signs include:
- Misspellings and poor grammar
 - Patchy graphics or design
 - Asking for personal information, usernames or passwords
 - Not addressing you by name at the start of the message
 - A sense of urgency, claiming that your immediate attention is needed
 - An email address that doesn't look quite right
 - Links to click on or attachments to open.



If buying something from Gumtree, or Facebook Market place, always view an item prior to purchase. NEVER pay money in advance, the old system of paying a deposit to hold something is no longer valid.

It's when we are tired or busy that we can miss the red flags. Quite often there is a time limit or a feeling of urgency. Always take time to check things out properly. Don't be embarrassed, or feel stupid if you get scammed, you are not alone.

If you think you have been scammed, first contact your bank directly (but not via any links sent to you). To check if your email or phone is included in one of the data breaches. Go to <https://haveibeenpwned.com/>

Mental Health- ROYAL FLYING DOCTORS

Reminder that the Royal Flying Doctor Service for youth and adult mental health worker services are now offered in Hillwood. You can self-refer, or you can organise a referral from a health professional. The Adult Mental Health Support Worker, Kate Gray can be contacted on 0448 854 479 kate.gray@rfdstas.org.au. For anyone under 18 please contact Joseph McLennan 0447 388 755 joseph.mclennan@rfdstas.org.au This is a free service to those living in rural and remote Australia. Remember it's okay to be not okay



SAVE the DATE

9th September 2023

Hillwood Boneseed Weed Blitz. Meet 10:00am at the HALL

Meet the Neighbours: Community Catch up and Sausage Sizzle.

On Sunday 16th July the Hillwood Progress opened the Hillwood History Room at the Hall and had a free Sausage Sizzle to share with the Hillwood Community. It was great to catch up with long-time residents and new. Councillor Jason Orr from Lulworth visited the History room and found a book awarded to Trevor Radford in 1953 signed by his grandfather TG Wills who was the last Teacher in charge at the school. He took up the position in May 1951 until school closed in December 1953, when he transferred to Rocherlea. His son, Wayne student No 349, was one of the last twelve to enrol, in March 1953. We continue to find a network of connections as we delve deeper into the history of the people of Hillwood.



Mason and Jesse check out the apples in the apple bag carried by "Elaine" our orchardist

Hillwood History Room – Do you know anyone who would be interested in doing some data entry? We have a system called Mosaic that we use to catalogue our items, and we are looking for some-one that is interested in learning how to use this data base. If this is you, please email HillwoodHistoryRoom@outlook.com or phone Julie on 0408 275 539.

Expressions of Interest for a Maker's Market.

Saturday 26th November 2023.

It is once again proposed that we hold a Hillwood Christmas Party in conjunction with the Motor Bike Riders Association of Tasmania, the Hillwood Football Club and the Hillwood Fire Brigade.

Anyone interested, in holding a stall at a Makers Market, please contact Elaine Burns on 0417 540 665

Notice of the Hillwood Progress Association Annual General Meeting.

DATE: Tuesday 19th September 2023

TIME: 7:00pm

WHERE: Hillwood War Memorial Hall

Membership is open to those who live or and have a proprietary interest in real estate in the wider Hillwood area. Membership is just \$5. Nominations for all committee positions are now open. Nominations can be accepted in writing to The Public Officer C/- 362 Hillwood Main Road, Hillwood or via email to HillwoodPA@outlook.com, until 7 days prior to the AGM, but you don't have to be on the committee to get involved, just come and bring along your ideas. For further information please email HillwoodPA@outlook.com

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Community Contacts

FIRE:000

Dilston Fire Brigade

Raoul Stow 0417 351 423

Hillwood Fire Brigade

Elaine Burns 0417 540 665

SES

132 500

Marigolds Cafe Hillwood

6311 0686

Dilston Hall

Launceston Council

St Matthias Church

June: 0411 567 029

Jenny:0419 544 266

Playgroup

Not operating at the moment

Dilston/Swan Bay/Windermere

Garden Club

Kerri: 0407 447 344

East Tamar Mens Shed

Secretary:: **George Cercez**

secretary@etms.org.au

Book Discussion Group

Jess: 0428 658 988

Jess.Panday@education.tas.gov.au

Justice of The Peace

Nick Jones : 0439 986 698

**Copy For NEXT
ISSUE Due**

Friday, 29th Sept .

Email address:

smokesignals@bigpond.com

Editorial decisions for publication
will be made by Tony Walker:

tony.walker@y7mail.com

Smokesignals on the web:

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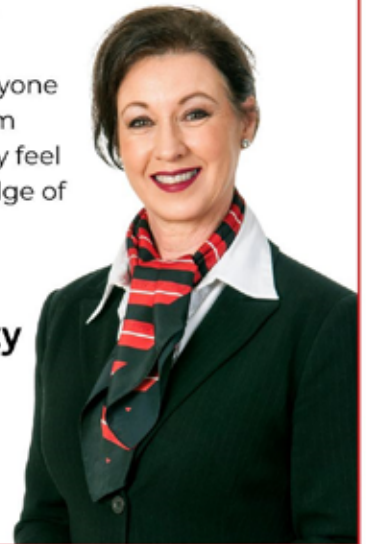
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